



Junior Coaches' Conference 2017

16-17 September 2017 | Copthorne Hotel, Slough-Windsor

Speakers to include...



Fran Houghton

Multiple Olympic & World Medallist



Rachel Woolf

Leadership Consultant & Former GB Rower



Mel Chowns

EIS Lifestyle Advisor



Gareth Turner

EIS Physiologist



Luke Gupta

EIS Physiologist

SUPPORTED BY



Junior Coaches' Conference 2017

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£260pp	Delegate Rate including accommodation (single room) & Conference Dinner
£210pp	Delegate Rate including accommodation (twin room) & Conference Dinner
£145pp	Delegate Rate including Conference Dinner
£135pp	Delegate Rate

£35 Discount for British Rowing members on all above rates

Additional £60 discount available for schools/clubs booking places for second and third coaches thanks to the generous support of The Scullery (places must be booked together)

Places are limited - to avoid disappointment book NOW

[Click to Book](#)

For further details contact Katie Mountain:
E katie.mountain@britishrowing.org | T: 0208 237 674

CURRENTLY CONFIRMED SPEAKERS & TOPICS

Panel Discussion: Clubs and Coaches in the Spotlight

Helen Taylor
Molesey BC

Dave Currie
Shiplake College

Tom Pattichis
Gloucester Hartpury

Sport Psychology

Sam Cumming
British Rowing

Sleep for Sport

Luke Gupta
EIS

Life Skills

Mel Chowns
EIS

Physiology & Nutrition

Gareth Turner
EIS

Impact of coaches
on a rower's career

Fran Houghton
Former GB Rower

TBC

Rachel Woolf
Complete
Coherence

Further speakers to be announced soon