

Risk Assessment for hosting South Hylton LDS within the UK Coronavirus Guidelines.

	Severity
--	----------

The advice contained in this guide must be adhered to and is aligned to the UK Government and British Rowing guidelines for England. Details of these adjustments are outlined below:

As an organising committee we are taking every precaution to keep our competitors and volunteers safe considering the recent coronavirus outbreak. Therefore, certain adjustments to the running of the event have been put in place, in line with government guidelines, to keep competitors safe yet still allow racing to go ahead. In the lead up to the event, the current national and local COVID-19 situation will be reviewed. The event will not run if deemed unsafe by the organising committee or if local restrictions do not permit. Anyone not adhering to these guidelines will be asked to leave.

Please do not attend the competition if you are experiencing any symptoms of COVID-19, especially a high temperature or a new and persistent cough.

General Details	
Assessor/s: Sarah Hodge	Date: August 2021
Approver: Chris Webb	Approval date: <u>August 2021</u>
Description of Task Assessed: Risk assessment of City of Sunderland Rowing Club running South Hylton LDS within Coronavirus Guidelines.	
Who will be involved? City of Sunderland Rowing Club other competitors, First Aid responders, Red Seal members.	
What equipment will be used? The land around Sunderland Rowing Club will be used however, clubhouses will not be used apart from in the event of a capsized/ medical situation and for race control.	

Members in a vulnerable group should assess their own risk before attending the rowing club.

		Slight	Moderate	Extreme
Likelihood	Very Likely (VL)	Moderate	High	Very High
	Likely (L)	Moderate	Moderate	High
	Unlikely (U)	Low	Moderate	Moderate
	Very Unlikely (VU)	Low	Low	Low

Key:

Low	<ul style="list-style-type: none"> An acceptable level of risk. No additional barriers/controls are required. Start or continue the activity but check that the current barriers/controls remain effective. 					
Moderate	<ul style="list-style-type: none"> An acceptable level of risk that should be reviewed. Implement additional barriers/controls to reduce the risk if opportunities arise. Start or continue the activity with care. 					
High	<ul style="list-style-type: none"> An unacceptable level of risk. Improve the barriers/controls and allocate resources to reduce the risk. Do not start or continue the activity until the risk has been reduced. 					
Very High	<ul style="list-style-type: none"> An unacceptable level of risk. Improve the barriers/controls and allocate resources to reduce the risk. Do not start or continue the activity until the risk has been reduced. Prohibit the activity if it is not possible to reduce the risk. 					
Hazard identified	Risk from Hazard	Person/s at risk	Control measures put into place to reduce the hazard identified	Risk level when implementing control measures		
				Likelihood	Severity	Risk

1. Social distancing on the water	Person/s becoming infected with COVID-19.	Competitors, volunteers, coaches.	<p>Safety Launches:</p> <ul style="list-style-type: none"> All volunteers will be equipped with, and will be using, appropriate PPE. Safety Marshals in safety launches should be from the same household where possible. If this is not possible, social distancing will be adhered to through one person sitting at the front of a launch and one at the back. A plan as to who is marshalling will be agreed upon before the event to minimise the risk. <p>Competitors:</p> <ul style="list-style-type: none"> Maintain at least 2 boat lengths distance when out on the water. In the event of a capsize athletes will be encouraged to try and get back into their boat, if it is safe to do so, or will be brought into the launch as per normal procedures. Replacement PPE will be provided to the launch crew. 	Unlikely	Slight	Low
2. Social distancing on land	Person/s becoming infected with COVID-19.	Competitors, volunteers, coaches, spectators.	<ul style="list-style-type: none"> All reasonable steps to maintain a 2m distance whilst on the land at Sunderland Rowing Club. Where a 2m distance cannot be observed, a minimum distance of 1m will be observed to help manage the transmission risk. There will be limited access to certain facilities/equipment such as toilets and no catering facilities. A one-way system will be implemented to help facilitate social distancing for people around the club. No spectators will be allowed. <p>Competitors:</p> <ul style="list-style-type: none"> Information regarding boating and the specific will be given for use during the day will have been sent out to competitors before the race. This will ensure that competitors are suitably separated when on land, and 	Unlikely	Slight	Low

			<p>gives people designated areas to rig their boats and wait for racing to begin.</p> <ul style="list-style-type: none"> • Specified 'hands on' time and boating times will be given to each competitor, so the movement and number of competitors near the boating area and around the clubs is strictly controlled. • There will be longer gaps between 'hands on' boating times to avoid congestion on the steps, and there will be longer gaps between start times to try and ensure the number of athletes arriving at the steps at the same time is kept to a minimum. Athletes may be held away from the steps until the landing stages are clear. • Boating groups will be used to limit the number of people near the steps at any one time. • All rowers will be expected to be capable of boating/landing independently or with the assistance of one household member. Volunteers will be on hand to co-ordinate scullers but will not be expected to assist in boating or landing. • Athletes will also be expected to take their footwear in their boat with them to speed up the landing process and minimise unnecessary social interactions. • Clubs wishing to transport their boats via trailer must specify this prior to the event so that suitable space can be set aside. • Volunteers will be on hand to co-ordinate the departure of athletes. <p>Race officials:</p> <ul style="list-style-type: none"> • Marshalls, officials, and volunteers will be provided with gloves and face coverings. Start and finish teams will 			
--	--	--	---	--	--	--

			include the minimum number of people and will be suitably spaced out on the bank.			
3. Shared use of facilities	Person/s becoming infected with COVID-19.	Competitors, volunteers, coaches, and spectators.	<ul style="list-style-type: none"> The land around Sunderland Rowing Club, clubhouses will not be used except in the event of a capsized/medical situation and for race control. We have cleaning, handwashing, and hygiene procedures in line with UK Government guidance. Appropriate methods of waste disposal for cleaning products e.g. wipes have been put into place. <p>Boats:</p> <ul style="list-style-type: none"> Competitors have been advised to travel to the club wearing the kit that they intend to row in, and to travel home to shower and change. <p>Toilets:</p> <ul style="list-style-type: none"> Access to toilets will be limited. Only one person will be allowed in the toilets at any one time. If using the toilets, wipe down any surfaces touched or likely to be touched after use (including inside and outside door handles) with the disinfectant spray and blue roll provided. 	Unlikely	Moderate	Moderate
4. Shared use of equipment (launches, club blades, club boats, bow numbers.)	Person/s becoming infected with COVID-19.	Competitors, volunteers, coaches.	<ul style="list-style-type: none"> There will be a bucket, full of disinfectant, at each site for athletes to return their bow numbers to or there is the option of posting these back to us after the event. Strategic positioning of equipment within the boathouse/outside racks to make them easier to access The launching safety craft must be carried out by members of the same household. If this is not possible, social distancing will be adhered to with appropriate PPE used. Wipe boats and other rowing kit with disinfectant the start and end of each period of use (i.e. before and after each person uses the equipment). Wear protective gloves when using disinfectant 	Unlikely	Slight	Low

			<ul style="list-style-type: none"> If possible, store the boats that are most likely to be used outside so as to minimise the need for people to enter the boathouse. 			
5. Catering facilities	Person/s becoming infected with COVID-19.	Competitors, volunteers, coaches, and spectators.	<ul style="list-style-type: none"> Athletes are encouraged to bring their own food and drink. No food or drink is to be sold by City of Sunderland Rowing Club. 	Unlikely	Slight	Low
6. Maintaining hygiene	Person/s becoming infected with COVID-19.	Competitors, volunteers, coaches.	<ul style="list-style-type: none"> Everyone visiting the site are encouraged to regularly wash their hands with soap and water provided. If this isn't possible then an alcohol-based hand sanitiser, can be used as a less effective alternative. 	Unlikely	Slight	Low
7. First Aid	Person/s becoming infected with COVID-19.	Competitors, volunteers, coaches.	<ul style="list-style-type: none"> All first aiders will have up-to-date training. All safety launches will be equipped with appropriate PPE. This should include face mask, apron, and gloves for those in the launch, and a spare face mask for anyone that might need rescuing. If the casualty is responsive and able to follow selfcare advice, encourage them to do this from a safe distance. In other situations, for example, when a casualty is unresponsive: <ul style="list-style-type: none"> Where possible wear gloves when touching or handling the casualty. Wear a face cover/mask if available and consider placing a face cover/mask over the face of the casualty. Only handle/touch what is absolutely essential, remembering that all surfaces in and around the casualty may be contaminated by the virus. Only provide essential direct first aid in order to limit your exposure time. This may include controlling significant bleeding, applying a dressing, use of an adrenaline autoinjector, assessing for responsiveness by shaking the person and shouting, and 	Very Unlikely	Slight	Low

			<p>positioning of a casualty. After administering first aid, it is essential to:</p> <ul style="list-style-type: none"> ○ Remove and dispose of any PPE (used PPE should be treated as clinical waste). ○ Wash hands thoroughly with soap and hot water for at least 20 seconds. ○ Wash all clothing as soon as practicable. ○ Be prepared to self-isolate and follow national guidance if COVID-19 symptoms develop after providing direct first aid. <ul style="list-style-type: none"> ● Red Seal members will be available to provide safety cover for the event and our usual first aid provisions will be present at race control. 			
8. Test and trace	Person/s becoming infected with COVID-19 and not having the correct details.	Competitors, volunteers, coaches, and general public.	<ul style="list-style-type: none"> ● In the case of a person testing positive for COVID-19, to help identify contacts of that person for the purpose of NHS test and trace, a log of who has attended the club at different times within the last 21 days will be kept to help facilitate this. ● In the case of a person visiting the event testing positive for COVID-19 afterwards, it is the affected persons own responsibility to contact their own rowing club to inform any other potential persons affected. 	Very Unlikely	Extreme	Low
9. Public Rights of Way	Person/s becoming infected with COVID-19.	Competitors, volunteers, coaches, and general public.	<ul style="list-style-type: none"> ● The general public are entitled to use the footpath across the site but may become a risk if they stop for a long period of time and watch the event. ● The boat house and land will be fenced off to prevent the general public from coming into contact with competitors and race officials. Signs will also be put in place to alert the general public to the event and advise them on where and where not to go. 	Unlikely	Slight	Low