

Safety Report for NRC Executive March 2017

All clubs, please ensure that you have your CRSA's contact details registered with British Rowing and notify BR of any changes.

British Rowing Safety Resources

There is plenty of safety advice on the British Rowing website; starting from this link:
<https://www.britishrowing.org/knowledge/safety/>

Collisions

Collisions are still the main cause of injuries and boat damage; I would like to take this paragraph out of my reports but I can't until we stop crashing into each other. All crews should keep to their proper course and look around approximately every five strokes to ensure that there is nothing in their way. Also, if a crew is approaching you, call a warning; don't just sit quietly waiting to be hit.

Boat Checking

There is now a BR video on boat checking, with an insert of a few slides on the new rules for heel restraints, at: <https://www.youtube.com/watch?v=f-52ajVJzkl&feature=youtu.be>

Heel Restraints

Heel restraints must now allow the heel to lift no more than 7cms (about the length of a cocktail stick). Despite recent correspondence, this has not been changed for the 2017 regatta season.

Emergency Telephone Advice

In the event of a serious incident, e.g. a fatality, at your club or event, please contact BR Comms before making any statements to the media.

Sophie Galasinski, BR Head of Comms and Marketing, has explained to me that the number to ring will vary depending on which weekend the event is as the commitment is split between herself and Kenny Baillie (Director of Partnerships and Comms). Event organisers should confirm the number ahead of their event, by ringing British Rowing HQ on 020 8237 6718 (Sophie's direct line) to confirm who is covering that weekend and the best number to reach them on.

Feedback

If you have any comments on how safety issues are presented by British Rowing, please let me know. We are trying to get several messages on safety to all members of BR; are we doing it well? How could we improve what we do?

If you want further information on any of the above, please contact me.

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