

Northern Rowing

Coaching Report – June 2019

Pretty quiet on the coach education front due to the regatta season. NCC takes place tomorrow so may have information to filter to NRC tomorrow.

Coach Education Planning

The following courses have been planned for the next 12 months. Tutors have already checked over the dates and we are just in the process of the confirming venues and dates. If anyone can see any immediate problems could you let me know.

Course	Venue	Dates
Session Coach	Durham University (closed course)	17 th June
SPC	Durham ARC	24 th July
Capsize Training	Tyne (West Denton)	August (TBC)
Rowing Leader	Hexham	August (TBC)
Rowing Leader	Durham ARC	August (TBC)
SPC	Tyne	9 th September
L2 Club Coach	Tyne	14 th /15 th /20 th /21 st September
UKAD – 1	Durham School	October (TBC)
UKAD – 2	Durham University	October (TBC)
UKAD – 1	Newcastle University	October (TBC)
L2 Strength and Cond.	Newcastle University	September / October (TBC)
Capsize Training	Bishop Auckland	30 th November
SPC	Durham School	18 th November
L2 Club Coach	Tees RC	11 th /12 th /18 th /19 th Tees RC
Session Coach	Durham ARC	April (Dates TBC)
SPC	Durham ARC	23 rd March