

Northern Rowing Council – AGM 18 November 2019

Coach Education Annual Report

Team

Kate O'Sullivan	Level 2 Tutor and Assessor
James Andrews	Level 2 Tutor and Assessor
Eddie Bryant	Level 2 Tutor, Assessor and SPC
Phil Tully	Level 2 Assessor
Ian Shore	Level 2 Assessor
John Mulholland	Level 2 Assessor
Pam Walton	Level 2 Assessor
Debbie Connolly	Level 2 Assessor
Ray Dominy	Level 2 Tutor – Currently training will join the team in the new year.

Coaching courses

It has been difficult to deliver courses for the last 6 months due to the availability of tutors and the change in structure at BR. We now have Pippa Harris in place at BR who is in charge of Coach Education administration and Ray Dominy is joining the Northern coach education team which ease demands on availability.

The next Level 2 course that is planning to go ahead is at Tyne RC in January.

Level 2 pass competency rates have been good with a high percentage of learners gaining the qualification within the required time frame. It is reminded that it is the learners responsibility not to time out.

The UKCC level 2 in S and C is currently running at Newcastle University and a UKCC Level 3 Rowing Coach is scheduled to take place in January at Durham University

One of the big changes hopefully being made is that the age limit for the Level 2 will be changed to 16 in the coming weeks.

A new coach education timetable will be issued in the next few weeks

GB Rowing Women's Training Days

Over the next 8 months the region will be hosting three women's training days

Movement Patterns – November 24th – Durham Amateur Rowing Club (10 athletes confirmed)
Strength and Conditioning – Date TBC – Tyne Rowing Club
Water Skills – Date and Venue TBC

Diploma in Sporting Excellence

Two of the regions junior athletes graduated in September from the course and are continuing their studies at Newcastle University. Four more athletes joined the program this year to join our second year cohort, bringing the regions total to 8 athletes.