

NRC Para Rowing report: September 2018

Gateshead RC continues to grow however at present they only have one coach Carol Croft, should anyone need to contact the club it can be done via Carol or any committee member.

Gateshead have ran three Learning Disability groups on top of the normal running of the club which have been very successful, participants have learnt how to Row and also how to build a boat.

Tees RC has a new AS athlete who has been with the club for a couple of months now, their LTA athlete continues to improve and has now been officially categorised and has competed within the club mini head in a double and time after adjustments were made the crew were in the top 3.

Marlow Regatta recently ran a set of races in an unofficial para category which saw a para athlete in a crew with a none para rowing and this was very successful and will hopefully be something that can be ran within the Northern Region in future to improve entries from para athletes, Tees Para Coach Greg Beswick feels that this would be a good edition to the Durham City Regatta.

Tees RC athlete Lucy Radley successfully completed the Boston Marathon on 16th September in what she described as brutal conditions (extremely strong headwind), she finished in a time of 5 hours and 15 minutes beating 36 boats not including the ones who unfortunately did not finish.