

## **Masters Report for NRC AGM on November 26, 2018**

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### **A summary of the discussions within the British Rowing Masters Committee:**

**There are as many masters rowing within clubs as there are members of British Rowing !!**

Communicating information with all masters rowers can still a problem. There is a FB page- <https://www.facebook.com/GBMastersRowing> and information is posted there.

The ranking points are still being discussed and are still being tweaked. There was concern that head races may give rowers too many ranking points.

There has been a discussion of age boundaries at both ends of the spectrum: the age that Seniors become Masters rowers and the age boundaries at the older end of the scale.

Jeff Watling (who recently became Chair of the BR Masters Committee) has written a manual and is rolling out workshops for masters exercising and rowing to suit masters bodies.

Comments regarding National Masters 2018: the PRI bands were too wide and did not give appropriately competitive rowing.

There has been more discussion about how BR should cater for masters rowers rather than the usual idea of how Masters Rowers should “fit in”. Going forward and on the agenda for the meeting in December – how can clubs best serve masters rowers and help them row together, also how do clubs help masters rowers coming off Learn To Row courses to continue to row.