

Northern Rowing Council
Long Distance Sculling Series
Autumn 2019

in association with

Tyne United Small Boats Head
Tees Small Boats Head
Wansbeck Small Boats Head
Durham Small Boats Head

Date	Event	Approx. Distances	Start Time	Entry Limit
Sat 5 th Oct	South Hylton LDS	4750m	11:00	100
Sat 12 th Oct	Tees LDS*	5000m	10:30 (14:30)	200
Sat 19 th Oct	Tyne LDS*	4500m	10:30 (14:30)	130
Sat 26 th Oct	Berwick LDS	5000m	12:30	60
Sat 2 nd Nov	Wansbeck LDS*	3350m	10:30 (14:30)	100
Sat 9 th Nov	Durham LDS*	1800m	9:30 (12:00/14:30)	100

* There are SBHs with sweep in the afternoons at Tyne United RC, Tees RC, Cambois ARC and Durham ARC – start times in brackets but see host clubs' own web sites for more info.

The distances given are a guide line and subject to change due to conditions on the day.

All events held under British Rowing Rules of Racing.
LDS additional local rules are given below.

For SBH additional local rules, see organising clubs' websites.

All profits from the LDS series will support the Region's entry in the Junior Inter-regional Regatta and contribute to the NRC training grants fund.

Entries, fees and substitutions will only be accepted via BROE2.
Seniors & Masters £8.00/seat, Juniors (racing as Juniors) £6.00/seat. Coxes free.

Close of entries and fee payment: 7.00pm on the Saturday before the event entered.
Close of online substitutions: 12 noon on the Friday before the event entered.
Telephone, email and postal entries or fees will not be accepted.

No provision for late entry or fees: no exceptions

Entries Secretary:

Richard Mortimer
c/o Durham ARC, City Boathouse
Green Lane Durham, DH1 3JU

Email: lds@nerowing.com
Series web page:
<http://www.nerowing.com/lds2019.html>

Northern Rowing Council

Autumn Long Distance Sculling Series 2019

The NRC Autumn LDS Series 2019 comprises six Saturdays of racing spread over six consecutive weeks. The LDS events will generally be in the morning in a single division for all ages. They are for singles, doubles and quads only (plus octuples at Tyne).

At Tyne United, Tees, Wansbeck and Durham in the afternoon there is a second, independent head race run as an SBH which will have sweep (fours and pairs) as well as sculling – see host clubs' web sites for details.

LDS ADDITIONAL LOCAL RULES.

- All categories in 1x, 2x, 4x-, 4x+, 8x+[Tyne only]; Open, Women's & Mixed in Junior, Senior and masters are offered. Note that Berwick will be limited to competitors J16 or older due to entry limits.
- Entries from participants very new to the sport, e.g. recent L2R course members, are encouraged. However, entries to be rowed in other than fine boats must draw attention to the fact on their entry.
- Clubs should ensure that all competitors have clothing adequate to both the conditions and the length of time to be spent on the water.
- Please be aware particularly on the large tidal rivers that conditions can be dangerous and can change very quickly. Ensure you and those you are responsible for are competent and able to deal with changes to the conditions prior to boating.
- Bow race numbers and paper numbers will be issued, one of each number per boat. All boats must have a bow-mounted slot to display the race number provided. No deposit will be required. However, the cost of replacement numbers will be reflected in future entry fees.
- Individual LDS prizes will be awarded, where 3 or more boats have started a class / category, as follows. Fastest 1x, 2x, 4x/x+, 8x+ (where applicable) in Junior, Senior, Masters; Open, Women and Mixed. Plus medals for J18/J17/J16/J15/J14/J13. The organisers reserve the right to amalgamate any categories they see fit to provide competition and to award prizes. Senior crews may be banded based on ranking points depending on number of entries.
- Where necessary Masters age entries will be grouped to allow prizes to be awarded based on the British Rowing handicap tables. If entry numbers allow crews will be banded based on ranking points before handicap grouping.
- All entries and payment of fees will be via BROE2 and will close at 7.00pm on the Saturday before the event entered.
- All substitutions should be made as far as possible on BROE2 by noon the day before the race. Any further substitutions must be reported on the day to race control. All substitutions must be reported before the start of racing and any crew racing with unreported substitutions is liable to disqualification.

- Event cancellations will be at the discretion of the Race Committee as soon as it is evident that the water is not rowable. This could therefore be during the days before or on the day of the race as circumstances dictate. However; every effort will be made to allow the race to run thus making late decisions likely.
- It is important that the Club contact number given with the entry is fully operational leading up to and on the day of the competition. So please avoid nominating someone who has either gone on holiday or is driving and therefore can't answer a call.
- In the event of a cancellation; a refund of 50% of the entry fee will be made.
- **INSURANCE:** Note that your BR membership insurance is only valid for UK residents who are resident in this country for more than six months in a year. Evidence of insurance cover must be provided by those not covered by BR membership insurance.
- All trophies and medals can be collected once the results have been published from race control or afterwards from Charly Curtis of the NRC.
- Numbers may have to be restricted if too many enter. Accepted entries will be at the sole discretion of the organising committee. We do advise you to enter early to avoid disappointment.