

Junior Report for NRC meeting on Mon. 30th January 2017.

It has been decided to hold the Junior Inter Regional Regatta Trials on Saturday 11th February. They will take place at Cambois Rowing Club. Final entries to be submitted by Sat 4 Feb 2017

The trials will be for the following boat classes:

J14 1x, 2x and 4x+

WJ14 1x, 2x and 4x+

J15 1x, 2x, 4x+ and 4+

WJ15 1x, 2x, 4x+ and 4+

J16 1x, 2x, 4x-, 4+ and 8

WJ16 1x, 2x, 4x-, 4- and 8.

The date of the JIR Regatta is Saturday 22nd April 2017 at Nottingham.

J16/WJ16 Training day on Sunday 15th January

There has not been a large entry from J16s in the LDS series so I was concerned about the number of athletes in the region eligible for selection for JIRR, particularly the boys. We decided to hold a training day in Hexham for all J16 athletes. The objective was to let the coaches from smaller clubs get together and perhaps form some composite crews from those athletes who would have the opportunity to only row in smaller boats at the trials. Most clubs sent athletes with a total of 25 girls and 21 boys attending. Although the landing stage was clear when everyone arrived the river began to rise rapidly so we only managed one session before it reached an unsafe level, so all boats had to be brought in. For some the day was useful but with only one outing it was not for everyone. I felt it was more beneficial for those athletes who were accompanied by their coach.

Club Get Together on Sunday 22nd January.

There was a good turnout for the junior session although some clubs were not represented. It was pleasing to see an increased number of clubs brought several juniors. Tess Capper, a post graduate student from Newcastle University gave an interesting talk on Nutrition for Sport. Her presentation has been circulated to all Junior coaches.

There was also a discussion on the formation of the team for JIRR and I clarified some of the rules around entering for multiple events and selection of crews. I gave those present some of the details of data I hold on performance statistics and how the regions clubs have been represented in the team over the last 5 years (attached as appendices to this report).

Changes to The Leadership of GB Junior Team Management

Please note the following details received by email dated 17 Jan 2017 from Sir David Tanner

Dear Coach

As many of you will know, Robin Dowell will be leaving his position as GBRT Lead Coach for Juniors shortly to take up a position in Switzerland.

Ade Roberts has been appointed as Acting Lead Coach for the GBRT Junior Programme for the remainder of the 2017 season. He will be supported by a Management Panel consisting of Alex Henshilwood (Eton College) and Mark Wilkinson (The Windsor Boys' School). Ade will be the Selector for the Teams for the GB-France J16 Match, Coupe de la Jeunesse and World Rowing Junior Championships.

They will 'specialise' in liaising with School and Club coaches in this way:

Ade Roberts	Junior Women
Mark Wilkinson	Junior Men's Sculling
Alex Henshilwood	Junior Men's Sweep

The Management Panel will report to Pete Sheppard, who will have an increased 'visibility' with the Junior Programme alongside his work with the GBRT Under 23s.

The changeover will take place over the next fortnight.

With best wishes for a successful season for our Juniors.

Sir David Tanner

Performance Director | GB Rowing Team | British Rowing