

GB Junior Selection

GB Potential Day Cambois Rowing Club

On the 26 January Cambois Rowing Club hosted a training/assessment day for the regions potential GB rowers. Eight crews attended: Cambois/Glasgow Schools Double; Chester le Street/Durham School Pair and Single Sculls from Chester le Street, Queen Elizabeth, St Leonards. The athletes were assessed and filmed by Ade Roberts (GB Junior Team Manager) and given detailed individual feedback. The event concluded with a 2km time trial. Thanks go to Eric Shiel for coordinating this day and Ade Roberts for giving up his time and taking on board the comments from coaches to spread these days outside Caversham.

No junior athlete was selected for Team GB this year apart from Joseph Adamson who competed at U23 level at the European Champs.

There are 11 athletes registered for GB junior selection 2020. 1 Cambois, 4 Chester le St, 1 Durham ARC, 1 Durham Sch. 1 Queen Elizabeth HS, 3 Tyne ARC.

Northern Region Club Conference

The Regional Conference included 2 sessions led by Durham University staff specifically aimed at juniors. One was in Strength and Conditioning and the other in Mobility. Juniors who attended both sessions found them really interesting and helpful.

JIRR 2019

The Junior Inter Regional Regatta was to be held on April 27th at the Peterborough City Rowing Club. Next year's event will also run at Peterborough. This course is a shorter than usual 1000m and only 4 lanes so the event will have a slightly altered format. The National Water Sports Centre was not available on the preferred date. Selection trials were held at Cambois Rowing Club on Sat. 9th February. My thanks go to the members of Cambois who took charge of all the marshalling and timing enabling the day to run as smoothly as possible.

The entry for the trials was good with most events having at least 2 entries except the J15 4+, WJ16 4-, J16 8+ and WJ16 8+. Selection for the team was made in all but 4 categories. The J15 4+ and WJ16 4- were considered acceptable and selected. The J16 eight was formed from boys from Durham School who had competed in other events without success apart from the winning J16 2x who decided to complete a full DUS eight. Their 2x slot was filled by the 2 J16 scullers who had come 2nd and 3rd in the J16 1x event. The WJ16 8+ was a bit of a problem when girls from CLS who had been entered in the eight for trials decided they did not wish to participate in the actual event. Two girls from TURC who had expressed availability for the eight also changed their minds so we were left with only 2 TURC girls. Tyne was approached and had 3 J16 girls who were happy to participate but this left no other girls in the region who had attended trials that were competent in sweep and available. Fortunately DUS had 3 girls

who were competent and available so they were recruited to complete the eight. In 4 events the provisional selection was given to second placed crews when those in first place had also won another event.

To assist in creating a Northern Team identity a sweatshirt was designed and produced for the team and it was well received by the juniors involved. Unfortunately, the forecast of high winds caused the event to be cancelled. The usual team t shirt eventually arrived from JIRR so the athletes were only left with their sweatshirts and T shirts to mark their selection to the team.

Indoor Rowing

On Tuesday 19th March the Regional Indoor Rowing competition took place at Durham University. Thanks, must go to the SGO's who run the local authority competitions and to staff and students at Durham University for their hard work in providing venues and well organised indoor events.

For the Regional competition competitors were invited by British Rowing and the possibility of entering athletes with scores of over 90% of GMT which was introduced last year was not initially available. However, after the deadline following a request from some clubs the extra athletes were involved which created a better level of participation. The entry was disappointing especially in the older age groups. Clashes with Mock exams and other school activities prevented some from attending during school hours. Obviously, there was a strong presence of athletes from the local rowing clubs who in the main were representing their schools on this occasion. Hopefully next year they will open the event to those above 90% for all.

Dan Hetherington from British Rowing has requested ideas on how to improve the regional indoor championships. He would appreciate completion of the short form using the link <https://forms.gle/sLoL94GpXBmy7TYC8>

National Schools Regatta

- Intro of 2nd event for Champ Boys Quads
- J16/WJ16 pairs to become doubles
- Every race including J14 will be 2000m.
- Format to change in 2020. Friday the same. Only one event to be entered-racing over 2 days.

The National Schools Regatta was held at Dorney Lake, Windsor on May 23rd to 25th. 6 clubs from the region were represented. 5 crews reached the A final but no medals this year. From Chester le Street Joseph Adamson came 8th in Ch 1x and their J16 2x came a creditable 4th. Durham ARC's WJ14 4x+ came 6th as did Durham School's Non Ch G 4+. Finally the J15 4x+ from Tyne ARC came 5th in their final, with 61 entries in this event this is an impressive result.

BR Junior Rowing Committee

Notes from meeting 19.1.19

The meeting was held at Shrewsbury School Boathouse.

- HWR is sticking with J16 time trial after 18.30 on Friday evening.
- HWR do not allow J15s to row up to J18 but in 2019 will allow 50% of a J18 crew to be J15.
- HRR have introduced a new rule about 'Unsportsmanlike behaviour'.
- HRR looking to include an extra girls' event, discussions ongoing.
- GB Junior selection under way, some good potential but last year will be hard to match.
- Changes to calendar due to non-availability of NWSC.
 - J16 GB/France Trial now at London Dock.
 - April Small Boats Trial now over 2 days at Dorney.
 - J16 Camp moved to later date.
- GB/France now has JW4+ event.
- JIRR has moved to Peterborough for 2019. From 2020 will be run by BR back in Nottingham. (This has now changed). In future BR will be providing insurance cover for trials and entry will be done via BROE. (Not enough time to implement BROE entry for our trials this year). Once again the inclusion of Scotland as a region was discussed and suggestion made to join with Northern Region. My strong opposition with reasons was noted.
- Discussion about doubling up at JIRR. Recommended that only doubling up into the 8.
- Discussion about J13 rowing in J14 events at JIRR. 2 regions allowed them to trial, 1 of them selected them if they won. BR promoting Skills events at BRJC so should J14(or J13) be racing side by side at JIRR?
- Rules need to change to year group racing rather than age group following problems (probably more evident in schools) with rowers born in August being in Year group below. Decision to be left to BR. Events can allow this but need to request permission from Chair of NCC.

Notes from meeting 30.3.19

- Junior Rowing Conference-
 - (i) Proposed Coxing workshop
 - (ii) To be broadcast live on either Twitter or Facebook for those who cannot attend
 - (iii) Should be on YouTube afterwards.
- JIRR 2020 and beyond
 - (i) Plans to divide the bigger regions and include Scotland still under discussion.
 - (ii) Concerns raised over the distribution of events – more boat categories for J16 where it is harder to select a team for some regions.
- J14 age group
Problem of J15s who are in the same year group as J14s ie are behind a year at school. (Usually this applies to those whose birthday falls in July or August) This is

more of an issue for schools – how can they be kept involved? The following suggestions are to be taken to the Competitions Committee for ratification.

- (i) Max 50% of a crew can row down but only 3 from an eight.
 - (ii) Would not include singles.
 - (iii) Can only row down 1 year.
 - (iv) Rowing up is allowed but J14 still not able to sweep.
 - (v) Letter from School Head to confirm details of any J15 rowing down.
 - (vi) Permission from Event Committee may be given but not guaranteed.
- School Age Rowing Strategy
 - This has been released, it is about keeping more juniors in the sport.
 - (i) Work to be done to create more lower level events.
 - (ii) BR are looking at their website to create an area for each region to make it easier to access information.
 - (iii) Also to set up a Virtual League for Indoor Rowing in Schools and Clubs.
 - (iv) We need to push the Rowing Leaders Award and encourage the Club Session Coach Award.
 - (v) BR does not have a policy on use of 16-18 year olds to run events but this should be considered as part of the strategy.

Notes from meeting 15.9.19

Matters arising

Further consideration of March discussion on rowing with school peer group and the move to school year groups entry not DOB based entry.

International

GB France - Won overall 10-4, Boys won 6-1, Girls won 4-3

2020 is the 40th anniversary of the event – something special

French very keen to move back to Nottingham not Docks.

Coupe - Second overall, second largest team

JWC - 5th largest team, 10th in medal table (1 x Silver JM 4-, 1 x Bronze JM 8+)

N.B. Domestic competition structure for JW possibly lacking relative to JM – needs to improve in order to gain performance parity with JM.

ClubHub

Increased number of schools using ClubHub for affiliation

No need for Juniors to have photos (clubs find it easier to get photos for their juniors)

Some competitions not aware of Junior Photos agreement

Schools see ClubHub in a negative way at the moment.

- Action: MM to write to schools supporting ClubHub

School Age Strategy

Good uptake by email recently

BR looking at empowering clubs via ClubHub

Coach Education – ongoing discussions on delivery of courses, e.g. online

Safeguarding checks within schools – integrated better within the BR system?
Ongoing – further discussions within BR in mid-October.
Alumni Clubs: difficult to complete safety audit etc.
Possible change of date for e.g. Club Affiliation
School Games/Indoor Rowing. Online matches on ergos
'Lead the Way' – 21 girls' schools signed up to the new initiative
Champion Insights: research done on how to coach girls – different to boys?
Available via BR document, shared to those who have signed up. There was evidence that girls were more prone to dropping out of the sport. Information should be more widely shared.

National School Regatta

NSR should be a Championship Regatta but don't want to be turning people away.
Changes to regatta for 2021 – one event over 2-day regatta?
2020 regatta will be fundamentally the same as 2019.

Henley Royal Regatta

Proposal one crew entry for Fawley Regatta. Heavily endorsed by Kitchin Society meeting on Sat 14/9.

6 day regatta is a possibility for future years?

The intention is to include another JW event when timetable allows

Junior Inter Regional Regatta

Date/Venue of event 2020: Now confirmed as Saturday 25th April, in Peterborough.

British Rowing Junior Championships

Is it getting too big? 2019: 8 hours of Time Trials

Some clubs sending a lot of crews, sometimes with relatively novice crews – does this match up with the event being a Championship event?

Positives: large number of JW 1x

Martin Brandon Bravo Regatta would have helped towards reducing champs entry
This (cancelled due to weather conditions). 2020? Date? Venue?

Finally, a survey is to be sent out to Schools and Clubs with a Junior programme to ascertain what the 'customer' needs for their athletes. This can then be looked at in conjunction with the Regatta Calendar to ensure one works with the other.

Henley Royal Regatta

Chester Le Street ARC were successful in having a junior quad qualify for the Fawley Cup.

British Rowing Junior Championships

The BRJC were held in Nottingham at the National Water Sports Centre on Fri. 19th-Sun.21st July. The Omnium event for all J14 and WJ14s was held on the Friday plus racing for quads.
Notable results from

J16 1x Ben Norman (TTA) SILVER
WJ18 1x Jemima Furness (CBS) SILVER
WJ14 2x L Morris, T Stoddart (DUR) BRONZE
WJ14 4x+ L Morris, J Napora, A Snook, F Suggett (DUR/CLS) BRONZE
J16 2x R Bowery, M Cleugh (CLS) BRONZE
J14 2x C Laing, J Parkinson (SLS) 4th
WJ15 2x H Hannant, L Thorpe (HEX) 4th
J16 1x R Bowery (CLS) 4th
WJ16 4x- I Clements, H Hughes, C Warren, E Wilkinson (CLS/GW) 4th
WJ18 4x- S Allison, S Fairlie, E Fenwick, E Mortimer (CBS/TYN) 4th
J16 4x- S Hall, J Harbottle, W Marsden, R Mushens (DUS) 5th
WJ14 1x R Wearmouth (TYN) 6th (also came 7th in WJ15 1x)
WJ16 1x C Warren (CLS) 6th