

# Northern Rowing Council

## Minutes of the Meeting of the Executive held on 28 Sept 2015 at Durham ARC

### 1 Present

Michael Laing (chair), Barbara Millns, Charley Curtis, Chris Smith, Fiona Mellinck, Martin Thompson, Pamela Walton(Mins), Pauline Higgins and Phil Tully..

### 2 Apologies for Absence

Alan Granlund, Colin Percy, Barbara Millns, Chris Smith, James Andrews and Jacqui Johnston (Area Education and Training Manager) and Peter Hoare.

### 3. Minutes of last meeting.

Discussion underwent re use of Protein shakes and the group were reminded about.

Promotional flag for NRC has not been purchased yet, Pauline Higgins to get onto it.

### 4. Reports (See attached)

**John Mullholland Safety Report**, - see comprehensive report.. If going to a head race on the Thames and go down a few days early for training, the requirements of you and your crew (safety) are now enclosed now in rowing on the tideway and can be purchased from British Rowing.

Items from Umpires Meeting on Sunday 27<sup>th</sup> September.

- Circulation patterns.. Then suggestion to inspect not only the boat houses but the boats of the colleges, James Channel is the safety rep for the colleges. Another problem is that events are getting too big, Peter Hoare is suggesting before the next regatta season a meeting at the club conference, Michael to raise this with James Andrews (British Rowing).

**Alan Granlund – Treasurer** (See attached letter)

Still have £2,000 to pay out on current bank balance. Peter Hoares email re expenditure for Umpires uniform).

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**Gillian Latham** – see attached.

All para squads that went over to France medalled. Question asked is there enough members of para that could enter, Gillian to look into getting a regional crew.

#### **Phil Tully, Coaching Report – report attached**

Scotland are bringing in coach registration and at present isn't being pursued by British Rowing. British Rowing have the coaching survey for the clubs to do in the near future. Another UKADA workshop and a basic rigging course for the next club conference. How much how often has been rewritten for juniors and will be coming out soon. New course will be a Session Leader which will be Level 2 and a two day course after this people who have been on this course will have to do less modules to complete the full Level 2 full course. Renaming the coach qualification and that will be sent out in due course.. Questioned raised about online course which is being pursued in work book.

#### **Pauline Higgins Junior Commissioner - report.** -See attached.

Junior coaching conference on Saturday 27<sup>th</sup> September. Pauline to put out an email re the following, National Schools will be held in Dorney 2016. Junior interregionals, move to have 8X+ 's, London clubs are quite keen on this, not sure if this will go ahead due to cost and time to be put on. Move to do trials on the Friday prior to Women's Henley.

#### **Martin, Recreational Rowing – nothing to report –**

Hasn't met for nearly a year. The River Wear tour was very successful.

Michael going to the national conference this Saturday 3<sup>rd</sup> October.

**Barbara Millns, Regional rep on council** - report as read.

#### **Colin Percy – Competitions.**

#### **AOB**

Pauline raised the NRC singles situation. Singles were only needed for one week for the Durham Camp. What was needed was for the singles to be checked in and checked out. Can the group

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decide how to thoroughly check all 10 sculling boats as they come into sculling camps. Questioned raised does NRC still loan out the boats to Durham College, bring back the rule if a club has an NRC boat that club pays £100 into a sinking fund. Pauline thinking about someone coming around and checking the boats. Rowers from our region to use the boats for £25 for the camp and if they don't have a boat to apply to Pauline as Junior Commissioner. John Mullholland asked if boats are written off and no longer racable to have 3 singles to do capsized drill.

To check how many members the committee can have on, and to co-opt interested parties for a year. Pamela to check the rules and come back to the committee.

Bucks are visiting the Tyne with view to running the Bucks heads. Support will be needed from the region.

**Dates of next meeting will be the AGM will be 2<sup>nd</sup> November 2015 at 7.30pm.**