

## **Coach Education Report – April 2019**

### **Northern Coach Education Timetable**

With the current block of coach education coming to an end a new timetable of course will be published in early May. Elaine Murphy has left British Rowing and until her replacement is announced it will be difficult to get anything administered for level 2 and associated courses.

### **Current Coach Education Leads**

Perse Wynne – Level 3, Strength and Conditioning

Loretta Williams – Diploma in Sporting Excellence, some Level 4

Tim Messent – Indoor Rowing

Sarah Ockendon – Level 2, ClubHub, course evaluation

Jacqui Traynor, Tom Ramsell - Clean Sport

Elaine - Level 2 and other admin (Elaine left British Rowing on 31 March.)

### **Review of the UK Coaching Certificates**

Sarah Harris has attended several forums and meetings with the UK Coaching to discuss the implementation of professional standards in coaching.

The fundamental questions being asked by National Governing Bodies of Sport is why invest in coaching?

- Coaching is a key ingredient in our 4-year whole sport plans
- The focus should be on the development of the coach not the qualifications. Success would be to still have the same number or more coaches in 4 years' time who are better developed rather than simply qualified.
- At Grass roots. To reduce the remedial work that our pathways coaches must do once an athlete joins any one of the performance pathway programmes.
- Accelerating the pathway so rowers can remain world class for longer before retirement. I.E if they are becoming world class at 25 and retiring at 30, how do we develop them to be world class at 23 so they have 7 years at that level rather than 5.
- Coach membership is key to engagement and where we can add value to their development

## Professional Standards

UK Coaching and Chartered Institute for the Management of Sport and Physical Activity (CIMPSA) consider that Professional standards will offer credibility to coaching and provide routes to a chartered status for coaching.

The strategic group from England, Scotland and Wales, in consultation with the rowing community would decide if the creation of a chartered status for rowing was desirable. This would form part of our coaching membership and could provide us with a mechanism to influence our coaches and influence a coach's journey to professional status.

## The Coach Registration Scheme

CIMPSA are undertaking a scoping project looking at different registration models and if there is an appetite for coach registration among sports and the public. The models they are looking at range from a federal scheme, a national register and individual registers much like the health service uses. The next phase will be to look at the readiness of governing bodies and employers for a register. NGB's feel registration cannot be a barrier to entry into coaching and volunteering.

The key drivers for registration are:

- Safeguarding
- Sharing information
- Right touch regulation
- Regulation linked to risk. What is the level of risk for a person helping in our sport? From helpers to performance coaches? Sport is unregulated.
- We need to create a risk assessment for each person helping in our sport. Our Independent Awarding Body currently has a part to play in this process.
- What level of regulation do we need to put in our qualifications related to our risk assessment? CIMPSA are producing some guidance to support us.
- We need to understand how many members identify themselves as a coach but are not qualified.
- We must cater for volunteers, semi profession and professional coaches
- The register will not be a license to practice

## How Can Clubs Support Coaches?

The question has been asked and the NCC has put forward the following suggestions

***Evidence shows that well managed clubs have better coaches.***

- Ensure that coaches are easily identifiable in the Club setting (kit and/or notice board)
- Give coaches a badge which may show their level of qualification
- Publish your coaching structure
- Encourage members to thank coaches at the end of a session
- Have a coaching lead and coaching meetings
- Give coaches representation/voice on the Club Committee
- Have a junior coaching committee
- Encourage members to think about stepping on to the coaching pathway

- Be inclusive: encourage members from minority groups to be involved
- Ask if someone can help with coaches' administration and organisation
- Offer support in organising trips away/trailering etc
- Provide a Mentor
- Set up annual coaching awards in the club and nominate coaches for local, regional and national awards
- Reward hours of coaching and longevity of coaching not just event or performance success
- Give recognition at events eg name in the programme and/or medal for coach as well as crew.
- Using the PR system at events to promote the work of coaches
- Build a coaching resources and library
- Encourage coaches to run club courses (some BR on-line learning resources are available for this)
- Offer reduced membership rate
- Offer free kit
- Provide an area for a coaching office
- Provide an area for coaches to keep equipment and paperwork securely
- Provide coaching tool kits
- Provide equipment for video analysis
- Pay a shared subscription for on-line learning resources eg Decent Rowing
- Provide club bicycles if they are needed
- Encourage coaches to keep their professional qualifications up-to-date
- Pay for coaching courses/workshops/CPD
- Give financial support for travelling, attending events or trials
- Support coaches to seek funding for further CPD
- Put photographs of coaches in action on the club website and in press briefings
- Send coaching stories to British Rowing's "your stories" or to Rowing and Regatta magazine
- **Understand that coaching is demanding and give the coach some support and encouragement**

### **What can Regions do to Support Coaches?**

**As a region I am going to try and implement some things we don't already do,**

- Organise regional get-togethers or Sharing Good Practice Days for coach development and networking.
- Have a regional website with a Coaches Forum
- Seek coaching stories for the Regional website.
- Put photographs of coaches in action on the Region's website
- Implement a Mentoring system
- Have annual coaching awards in the Region (could be linked to BR's COTY and VOTY awards).
- Put coaches forward for regional or national coaching awards
- Reward hours of coaching and longevity of coaching not just event or performance success
- Give recognition at regional events eg name in the programme and/or medal for coach as well as crew.
- Contribute to coaching courses/workshops/CPD
- Arrange regional CPD days such as First Aid and Safeguarding.
- Build links with the County Sports Partnerships within the region where funding and workshops may be available.