

British Rowing Report

Northern Rowing Council

James Andrews & Jacqui Johnston
June 2016

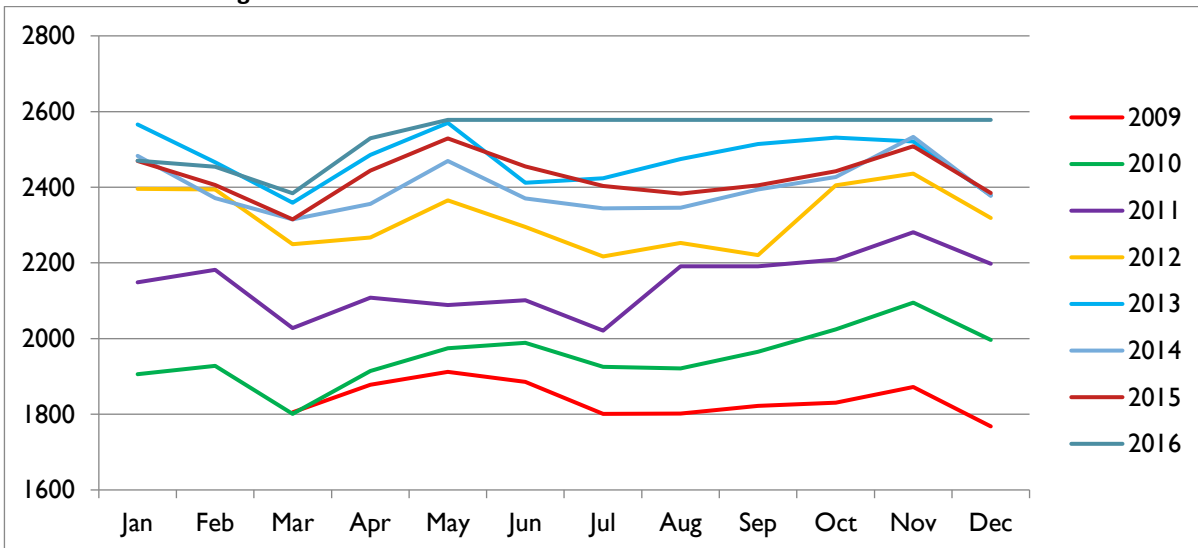
For Consideration at the meeting of the Northern Rowing Council to be held on 27th June 2016

Report of the Area Participation Manager (North) – James Andrews
 Area Education & Training Manager (North East, Yorkshire and East) - Jacqui Johnston.

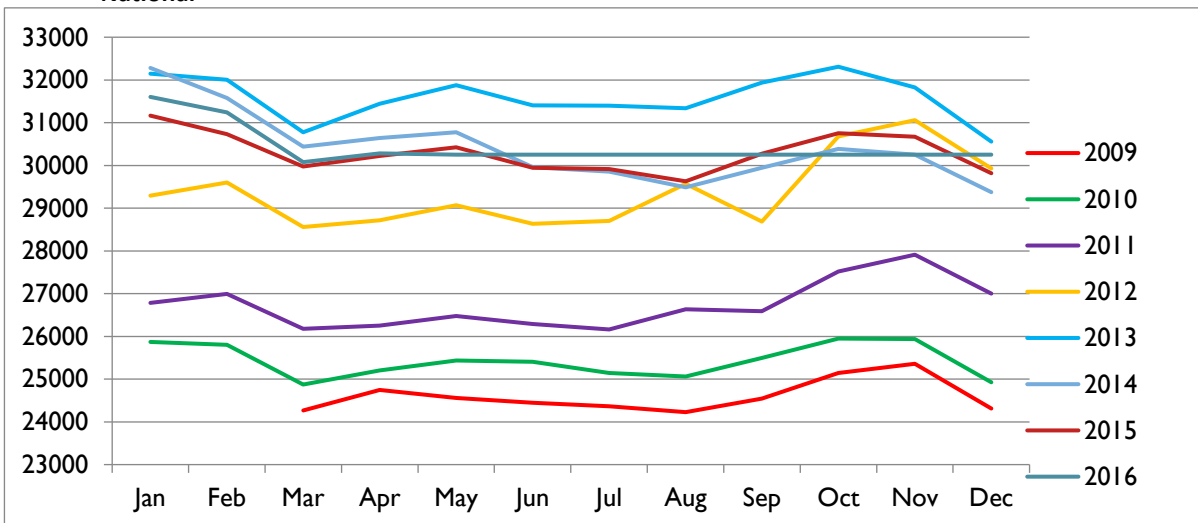
British Rowing Membership – 2,578 total 49 up from 2015, up 109 from 2014, Up 8 from 2013. (As of March 1st) 3rd largest region. This is also an all-time High for the region after its previous high in June 2013.

- 5 Open clubs, 3 schools, 4 University and 8 College clubs and 1 other have memberships of less than 50.
- 4 Open clubs, 2 schools and 7 colleges have memberships of more than 50.
- 2 Open Clubs, 2 Universities and 1 school have memberships of more than 100.
- 2 Open clubs have a membership of over 150.
- 1 Open club has a membership of over 250.

Northern Region



National



1. British Rowing

- Sarah Harris has taken over the post of Head of Education & Training.
- Chris Farrell is moving from being Project Officer (Birmingham & Slough) to Project Manager (Indoor Rowing) based in Hammersmith.
- Jacqui Johnston will be moving from Education & Training Manager to Anti- Doping and Integrity Officer on July 4th. North East Coach Education will be passed on to a new Education & Training Manager once a replacement has been found.
- Shelley McKay will be leaving her role of Technical Editor on the 20th of July.
- Jill Corless left her role of Membership Officer in April. Clare Holman & Joanna De Vries are now working as Membership Officers at HQ.
- Marieke Bal has come in as Insight Analyst
- Tim Walton is now chair of the national competition committee after being approved by council. Council also thank Fiona Dennis for her work as outgoing chair.
- British Rowing has introduced an automated receptionist at our HQ.
- British Rowing is currently advertising for HSCT positions.
- HSCT Programme
 - Ellie continues to develop participation Sunderland, targeting both indoor rowing at the local schools, and junior rowing at the club. A new programme with Percy Headley School linked with Gateshead RC is running excellently with promises to continue in September.
 - For 2016 – 18 HSCT programme, will include a focus on developing rowing in socio-economically deprived areas, and improving access to the sport for those who may not normally be able to. The HSCTs for 2016 – 18 will be announced in due course along with their placements.

2. Events

- **Rowing Tours**
 - River Wear Tour Going ahead on August 13th.
 - River Tees Tour planned for July 23rd.
 - River Tweed tour hosted by Berwick ARC proposed for 2017.
 - Tynemouth RC also considering a tour for 2017.
 - Tour de Tyne cancelled for 2016.
- **Great Tyne Row**
 - Early bird entries close July 1st.
- **Club Development Conference**
 - January 22nd 2017.
 - Would welcome suggestions of sessions.
- **Regional School Indoors**
 - Medals Table, Records and results attached.
 - 5 record broken and 1 matched.
 - 115 juniors took part (60 Girls, 55 Boys)
 - St Leonards topped the medal table with 4 Golds 2 Bronze. Queen Elizabeth HS came 2nd 2 Gold, 2 Silver and 1 Bronze. Thorpe Academy came 3rd with 2 Gold.
- **Junior Skills Days**
 - Ellie ran a Junior Skills Day at Cambois RC on May 31st which was well attended.

3. Coach Education and Training

North-East Coach Education Workforce:

- 2 Safeguarding & Protecting Children Tutors, 1 Time to Listen Tutor, 4 Tutors and 5 Assessors.

Course Numbers:

- L2 2014 20 Candidates
- L2 2015 24 Candidates (Sliding Seat) 9 Candidates (Fixed Seat) = 33 Total
- L2 2016 10 Candidates

Workshop / Course	Location	Status	Date	Applicants
Skill Development Workshop	Durham ARC	Finalised	04/02/2016	10
Safeguarding & Protecting Children Workshop	Tees Rowing Club	Cancelled	08/02/2016	2
Emergency Aid Training	Tees Rowing Club	Cancelled	22/02/2016	2
Clean Sport Workshop	Tyne Rowing Club	Finalised	13/03/2016	10
Safeguarding Refresher	Tyne Rowing Club	Finalised	02/04/2016	9
Capsize and Recovery Workshop	Tyne Rowing Club	Finalised	24/04/2016	7
Emergency Aid Training	Tyne Rowing Club	Finalised	15/05/2016	5
Safeguarding & Protecting Children Workshop	Tyne Rowing Club	Finalised	15/05/2016	7
Regional Training Day	Cambois Rowing Club	Closed	31/05/2016	10
Regional Training Day	Cambois Rowing Club	Closed	31/05/2016	0
Session Coach Sliding Seat	Durham ARC	Closed	06/06/2016	9
Rowing Leader (16 - 18)	Hexham RC	Open	09/07/2016	1
Safeguarding & Protecting Children Workshop	Durham ARC	Open	09/08/2016	0
Emergency Aid Training	Durham ARC	Open	23/08/2016	0
Safeguarding & Protecting Children Workshop	Cambois Rowing Club	Open	04/10/2016	0
Session Coach Sliding Seat	Durham ARC	Open	04/10/2016	2
Basic Rigging	Durham ARC	Open	10/10/2016	2
Emergency Aid Training	Cambois Rowing Club	Open	18/10/2016	0
Capsize and Recovery Workshop	St John's School and Sixth Form College	Open	20/11/2016	0
Club Coach Sliding Seat	Tyne Rowing Club	In planning	07/01/2017	0

- Club Coach
 - Course costs is £425.00 current as of March 2016
 - Free online modules of Safety Basics and Hypothermia available online for free for all clubs and members. These are pre-requisites for the UKCC Level 2 Coaching Rowing.
 - The next Level 2 Club Coach will be January 2017.

Session Coach

- Session Coach went onto the 1st4sport framework as of June 2016, the first course ran successfully in Durham with a full course of 9 applicants, tutored by James Andrews. These learners will be assessed in October. The next course will run in October. The course cost is £210 and the full details are on the British Rowing Website.
- Session Coach is an entry level course suitable for beginner coaches, whereas Club Coach will be better suited for those with a little more experience of rowing / coaching. Session Coach is not a prerequisite for Club Coach, however it is recognised as on the pathway to Club Coach, and therefore coaches from this course will not need to complete the full Club Coach to upskill, but instead complete a few additional modules at a later date.
- Free training
 - Free online coxing workshop is available on Row How for all clubs and members
 - Free certificate in coxing and steering is available to be delivered by current Level 2 or IA coaches
 - Free Anti-Doping Advisor training is available via the UKAD website
- Level 3
 - Level 2 Strength & Conditioning needed before attending a course.
 - Elaine Murphy is now the contact for Level 2 S&C and Level 3 courses.
- Classifier Training
 - New classifiers have been trained for 2016.
 - Classifications will be offered on decided dates in 2016, with the location to be determined after applications have been received. Interested rowers from the north should contact James Searle for application forms.
- Clean Sport (Anti-Doping)
 - 3 workshops will be offered in in 2016 – 17 – host clubs are requested to step forwards to aid planning.

4. Affiliated Club Matters

- **Berwick**
 - Looking to secure funding for refurbishment of the clubs balcony.
 - Ran its first Explore series event in June.
- **Durham ARC**
 - New landing stage has been built around to Clive's boathouse.
 - Greatly improved access to water for regatta's and head race.
- **Gateshead**
 - Awaiting a stable 4x+/4+ purchased using Sport England Small Grants
 - Club was successful in 2 major funding bids.
 - £44,774 from Sita Trust for a moveable changing facility as well as connecting services to the site.
 - £73,500 from Sport England to build security fencing and Boathouse.
 - Several club members have been trained up as UKCC L2 Fixed Seat coaches.
- **Gosforth**
 - Grace is now based at Tynemouth beach by Tynemouth RC.
- **Hexham/Queen Elizabeth HSBC**
 - Ongoing issues with clubhouse.
- **Lakeland RC/Windermere RC**
 - Lakeland RC/Winderemere RC have now successfully split with Windermere being based in the North West Region.
- **Sunderland**
 - With the future sustainability of Sunderland now more secure, British Rowing focus will now move elsewhere.
 - Membership has increased to 34 an increase of 24 people since March 2013.
 - Ellie will continue working with the club and schools in the city. Currently getting roughly 70 juniors per term at schools, but struggling to get them to the club.
 - Daytime sessions are now starting regularly at the club with coaches/volunteers being training to take over the sessions.
 - Club committee now in much more secure position.
- **Tees**
 - Extension to boathouse is going well. Outer fabric has been completed but interior fittings are still waiting to be completed.
- **Tyne Amateur**
 - Tyne Amateur Rowing Club's new boathouse was officially opened at their Regatta on June 18th by the Duchess of Northumberland, Annamarie Phelps Chair of British Rowing, and the Mayor of Newcastle were also in attendance.
 - The club also christened 4 new boats at its opening.
- **Tyne United**
 - Club has advertised for coaches at the club. This will be ongoing for any coaches wishing to approach the club.
- **Tynemouth**
 - Has a new safety launch based on water at a marina upstream from the club and have trained up club members in its use.

5. Academic Clubs

- **DCR Rowing**
 - Working more closely with Durham University & Durham College Rowing to develop rowing in the University.
 - Working with DCR to
 - create a development plan/strategy
 - create a new competition structure for college competition (on water and indoor)
 - focused education & training pathways for coaches, volunteers, rowers, exec.
 - Improving Safety
 - Insight team at BR running a survey to gain feedback from rowers across the university. Ends June 22nd so will give more info at the council meeting.
- **Durham University Boat Club**
 - 8 medals at BUCS Regatta, 2 Golds in MB4+ & WB4+, 3 Silvers in MC4x, MInt 4x and WB8+, and 3 Bronze in MC4-, WC2- & MLwt1x.
- **Newcastle University Boat Club**
 - Won the overall Victor Ludorum at BUCS regatta for the first time.
 - 20 medals overall at BUCS Regatta. They claimed 7 Golds in MC4x, MLwt4x, WInt8+, MLwt8+, MLwt4-, WInt2- & MLwtInt1x. 4 Silvers in WC4+, MC4+, WInt4x & MB4+, and 9 Bronze in MInt4x, WB8+, MLwt2-, MB8+, MC2x, WB4+, MC8+, MInt8+ & WC4x.
 - Won Academic 8+ at Henley Women's Regatta.
- **Northumbria University Boat Club**
 - Top result at BUCS was 6th in the A final of M Int 4+.
- **Sunderland University Boat Club**
 - Top result at BUCS was 2nd in the D Final of W Int 4x
- **Teesside University Boat Club**
 - Top Result at BUCS 6th in the D final of M Int 2x.

6. St Ayles Skiff or New clubs not yet affiliated.

- **Craster**
 - Some issues with club constitution, resubmitting affiliation application asap.
 - Should soon launch their boat.
- **Seaham**
 - Funding has been put in for an activity centre at the harbor. Part of this funding is to help set up a new St Ayles Skiff club at the centre.

7. 2015-16 plans

- Coach Education for 2015/16. See bullet point 8.
- Club development conference planned for 24th January 2015.
- Increase 14+ membership of British Rowing, wherever possible.
 - Focus area will be Sunderland and all rowing activities in that area including, Schools, City of Sunderland, and Sunderland University.
 - Work with DCR coaches and committees to help coaches, crews with participation/retention.
 - Encourage the growth of daytime/recreation rowing, especially at Explore rowing pioneer clubs.
 - Assist smaller clubs with L2R courses where needed.
 - Support the Sunday League Series to become sustainable.
 - Assist & advise when required to run Great Tyne Row.
 - Work with Gyms & post appropriately to correct contacts.
 - Work with clubs to further expand “Rowability” schemes where appropriate & post appropriately to correct contacts.
 - Work with new St Ayles Skiff clubs to further expand opportunity for fixed seat rowing and look into opportunities for new clubs and appropriate regional organisation body.
 - Work where needed with Sea Cadets/scouts to further expand rowing participation.
- Indoor Rowing competitions
 - Continue to support and run Tyne & Wear, County Durham, Tees Valley & Northumberland Competitions
- Raise profile of rowing in the North through links with Sport England, County Sports Partnerships, School Sports Partnerships, Community Sports Network, Local Authorities and the Health agenda.
- Implement British Rowing WSP in the North.

