



British Rowing Report

Northern Rowing Council

January 2016

For Consideration at the meeting of the Northern Rowing Council to be held on 19th September 2016

Report of the Head of Pathways (North) – James Andrews
 Area Education & Training Manager - Kerry Wardell
 Adaptive Rowing Officer – James Searle.

British Rowing Membership – 2,203 total 182 down from 2015, down 174 from 2014, down 176 from 2015 and down. (As of January 1st) 5th largest region. (Please note due to clubs moving area the region would normally be 114 members higher.)

5 Open clubs, 2 schools, 4 University and 12 College clubs and 1 other have memberships of less than 50.

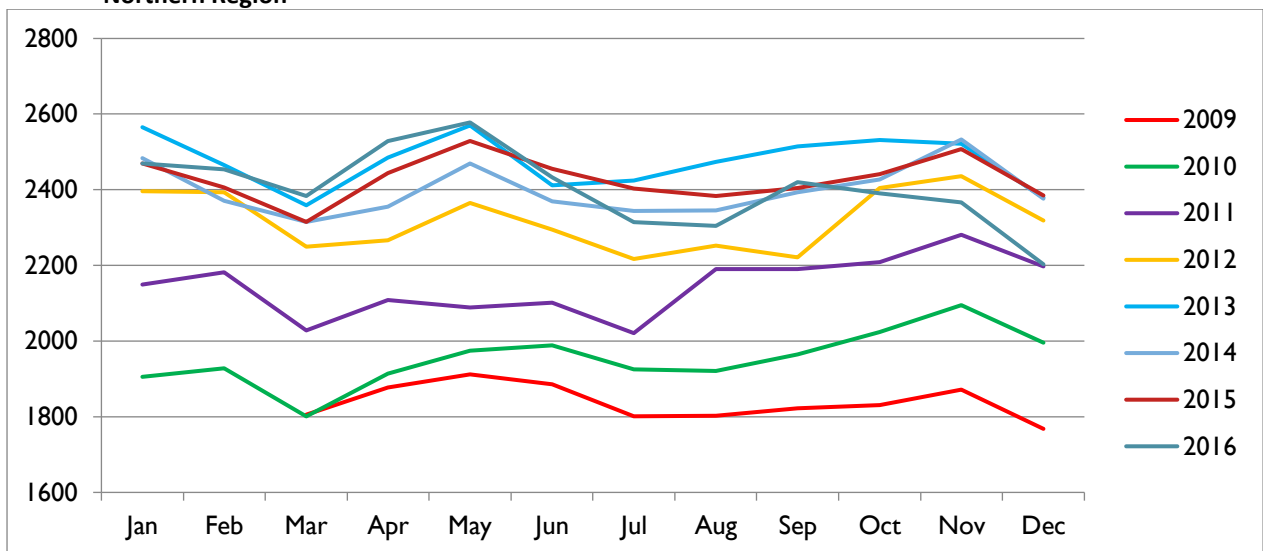
4 Open clubs, 3 schools and 3 colleges have memberships of more than 50.

2 Open Clubs and 2 Universities have memberships of more than 100.

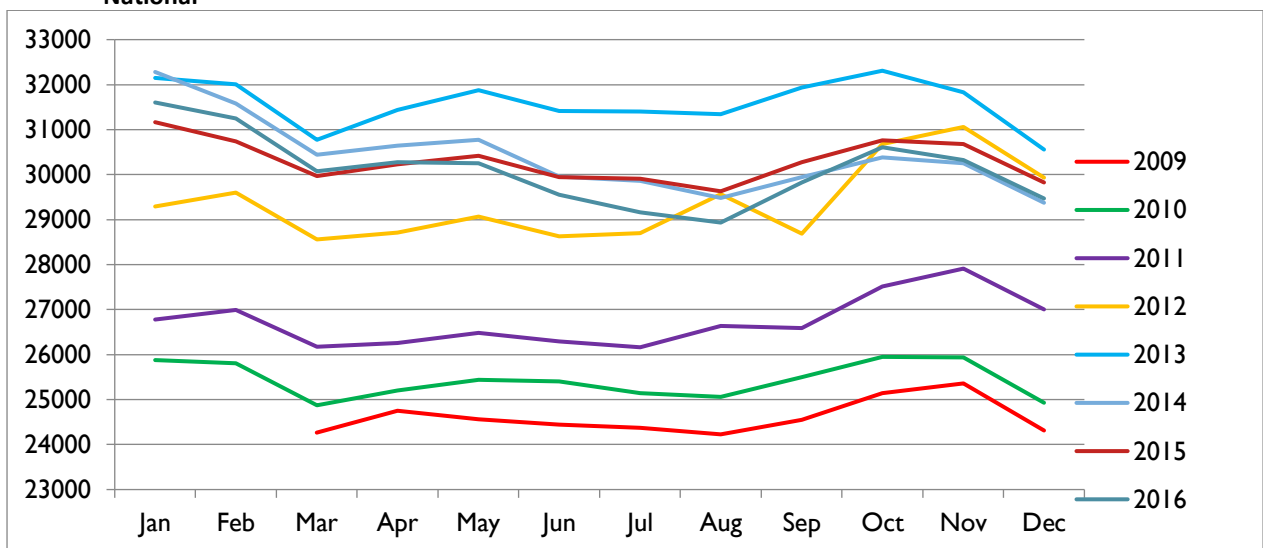
1 Open clubs have a membership of over 150.

1 Open club has a membership of over 200.

Northern Region



National



1. British Rowing

- We are currently awaiting to hear Sport England's decision regarding our funding which will be made public on the 10th of February.
- HSCT Programme
 - Rebecca Graham continues to work at Tees RC.

2. Events

- **Club Development Conference**
 - January 22nd 2017 at Durham ARC
 - 79 people responded saying they would like to attend sessions at the conference.

3. Rowability

The current Rowability/Adaptive Rowing programmes in the region continue to grow and develop over the winter season with a few slight changes and opportunities developing at current clubs.

Northern clubs currently offering adaptive rowing are:

- Gateshead Community Rowing Club
 - SCT coach no longer supporting the programme
 - New club house currently been planned to be built.
 - 3 sessions per week.
 - Participants include AS, TA and LTA
- Tees Rowing Club
 - 10+ sessions a week
 - High performance centre, participants include AS, TA and LTA
 - The club is planning to advertise for new participants to join the club to continue to grow the programme.
- Durham Amateur Rowing Club
 - Current activity engaging with local special school offering indoor rowing sessions on a term-time basis
 - Continuing to develop increase links with Phoenix rehabilitation (Catterick Garrison) and developing engagement with participants in a long-term programme through a range of suitable activities.

The Rowability Officer continues to investigate and pursue opportunities to develop and promote new activities which could be offered throughout the region to promote engagement within disability sport at all levels.

In continuing current programmes it would be especially useful at this point for other strategic options to be considered and fed into BR plans for the forthcoming cycle. In particular the Northern Region Council's proposals for:

- How the Regional lead for disability would suggest encouraging other new clubs to engage with disabled rowers?
- Is the NRC aware of any other clubs in the region potentially interested in offering adaptive rowing??

Contact information, Email: james.searle@britishrowing.org mobile: 07818 576 148)

4. Coach Education and Training

North-East Coach Education Workforce:

- 2 Safeguarding & Protecting Children Tutors, 1 Time to Listen Tutor, 4 Club Coach Tutors, 1 Session Coach Tutor and 5 Assessors.

Course Numbers:

- L2 2014 20 Candidates
- L2 2015 24 Candidates (Sliding Seat) 9 Candidates (Fixed Seat) = 33 Total
- Club Coach 2016 10 Candidates
- Session Coach 2016 15 Candidates
- Club Coach 2017 12 Candidates

Workshop / Course	Location	Status	Date	Applicants
Skill Development Workshop	Durham ARC	Finalised	04/02/2016	10
Safeguarding & Protecting Children Workshop	Tees Rowing Club	Cancelled	08/02/2016	2
Emergency Aid Training	Tees Rowing Club	Cancelled	22/02/2016	2
Clean Sport Workshop	Tyne Rowing Club	Finalised	13/03/2016	10
Safeguarding Refresher	Tyne Rowing Club	Finalised	02/04/2016	9
Capsize and Recovery Workshop	Tyne Rowing Club	Finalised	24/04/2016	7
Emergency Aid Training	Tyne Rowing Club	Finalised	15/05/2016	5
Safeguarding & Protecting Children Workshop	Tyne Rowing Club	Finalised	15/05/2016	7
Regional Training Day	Cambois Rowing Club	Closed	31/05/2016	10
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Session Coach Sliding Seat	Durham ARC	Closed	06/06/2016	9
Rowing Leader (16 - 18)	Hexham RC	Finalised	09/07/2016	7
Safeguarding & Protecting Children Workshop	Durham ARC	Cancelled	09/08/2016	3
Emergency Aid Training	Durham ARC	Finalised	23/08/2016	6
Rowing Leader (16 -18)	Durham ARC	Closed	03/09/2016	7
Safeguarding & Protecting Children Workshop	Cambois Rowing Club	Finalised	04/10/2016	2
Session Coach Sliding Seat	Durham ARC	Finalised	04/10/2016	6
Basic Rigging	Durham ARC	Finalised	10/10/2016	11
Emergency Aid Training	Cambois Rowing Club	Finalised	18/10/2016	7
Capsize and Recovery Workshop	St John's School and Sixth Form College	Finalised	20/11/2016	7
Club Coach Sliding Seat	Tyne Rowing Club	Closed	07/01/2017	12
Rowing Leaders Certificate (16-18)	Cambois Rowing Club	Closed	05/02/2017	7

- Club Coach
 - Course costs is £425.00 current as of January 2017
 - Free online modules of Safety Basics and Hypothermia available online for free for all clubs and members. These are pre-requisites for the UKCC Level 2 Coaching Rowing.
 - Tyne hosted the most recent course with 12 candidates
 - Another course will be planned for Autumn 2017 location TBC

Session Coach

- Durham Session Coach courses x2- nine candidates attended the June course and six attended the October course- all completed. Both courses tutored by James Andrews and Verified with positive feedback about the overall delivery.
- The next course will be run in June. The course cost is £210 and the full will be posted on the British rowing website once venue and dates are confirmed.
- Session Coach is an entry level course suitable for beginner coaches, whereas Club Coach will be better suited for those with a little more experience of rowing / coaching. Session Coach is not a prerequisite for Club Coach, however it is recognised as on the pathway to Club Coach, and therefore coaches from this course will not need to complete the full Club Coach to upskill, but instead complete a few additional modules at a later date.
- Free training
 - Free online coxing workshop is available on Row How for all clubs and members
 - Free certificate in coxing and steering is available to be delivered by current Level 2 or IA coaches
 - Free Anti-Doping Advisor training is available via the UKAD website
- Level 3
 - The leadership of the Level three, and Strength and Conditioning Level 2 have been taken by Persephone Winn. She is now the lead contact for those wishing to partake.
 - Level 2 Strength & Conditioning needed before attending a course- although some people may have a BWLA which may also fit the requirements depending on completion date.
- Classifier Training
 - James Searle is the local point of contact in regards to classifications. Classification opportunities will be offered on decided dates in 2017- locations dependent on demand.
- Clean Sport (Anti-Doping)
 - Dependent on tutor availability it is hoped 2 workshops will be offered in 17. If clubs are keen to host please contact Kerry Wardell.

5. Affiliated Club Matters

- **Gateshead CRC**
 - New clubhouse should be complete and in place by the middle of February.
 - Boathouse to be completed in the next few months once planning permission has been confirmed.
- **Gosforth CRC**
 - The club has decided to disband and has donated Grace their St Ayles Skiff to Gateshead CRC.
- **Lakeland RC**
 - The club is still looking to secure its location and is in talks with the National Trust around a plot of land.
- **Tynemouth RC**
 - Club has purchased a 2nd hand eight to replace its current eight.

6. Academic Clubs

- **DCR Rowing**
 - Work is ongoing to improve the pathways through the university for rowers, coaches and other volunteers.
 - New format Novice and Senior events ran before Christmas and both went well.

7. St Ayles Skiff or New clubs not yet affiliated.

- **Craster**
 - They are currently in the process of building their second boat.