

Yorkshire & Northern Regions Power8 Sprints Selection Event

Overview:

- On 22 July 8 crews, representing 8 cities in England will race at Bristol Docks over 350m in a televised event as part of the annual Bristol Harbour Festival.
- On 15 April a selection event at Tees Rowing Club will select the men's and women's crew from Yorkshire and the Northern Region to race as Newcastle.

Venue: Tees Rowing Club, River Tees Watersports Centre.

Date: Sunday 15 April.

Time: 10:30am – 12:30pm

Distance: 350m

Crews: 8+ Open and Women + 1 volunteer/coach to help run the event.

Eligibility:

- All competitors must be registered with a club from either Yorkshire or the Northern region.
- All competitors must hold a minimum of Gold membership of British Rowing.
- All competitors, except coxes, must be over 15 years on 1st September 2017 (i.e. J16 or above).
- Clubs can enter multiple crews.
- The cox and coach do not need to be the same gender as the crew, but to promote diversity we hope that the region will send one female and one male coach.

Cost: £16 per crew – pay cash on the day.

Format:

- 350m sprint race from a free standing start.
- Format depends on the number of entries, but maybe a round robin event.

Selection:

- The winning men's and women's crews will represent the two regions.

Prize:

- None – just the honour of representing the two regions and taking part in a televised event in Bristol. (The selected crews will be given a lycra for the event.)

Entries

- Closing date: 8 April
- Entries to be made on the entry form, emailed to chairman@yorkshirerowing.co.uk